








Name: _____

My Healthy Lunch Box Favorites:

In my lunch box I like...				
 Bread	Whole Wheat Sandwich Bread <input type="checkbox"/>	Pita Bread <input type="checkbox"/>	Crackers <input type="checkbox"/>	<input type="checkbox"/> Tortillas Other _____
 Meat	Ham <input type="checkbox"/>	Turkey <input type="checkbox"/>	Chicken <input type="checkbox"/>	Other _____
 Fruit	Apple <input type="checkbox"/>	Banana <input type="checkbox"/>	Strawberries <input type="checkbox"/>	<input type="checkbox"/> Grapes <input type="checkbox"/> Oranges Other _____
 Vegetable	Carrot <input type="checkbox"/>	Tomatoes <input type="checkbox"/>	Cucumber <input type="checkbox"/>	<input type="checkbox"/> Lettuce Other _____
 Dairy	Yogurt <input type="checkbox"/>	Cheese <input type="checkbox"/>	Milk <input type="checkbox"/>	Other _____
 Drinks	Orange Juice <input type="checkbox"/>	Fruit Juice <input type="checkbox"/>	Water <input type="checkbox"/>	Other _____
 Sweets	Nuts and Raisins <input type="checkbox"/>	Apple Sauce <input type="checkbox"/>	Pudding <input type="checkbox"/>	<input type="checkbox"/> Peanut Butter <input type="checkbox"/> Graham Crackers Other _____